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## IN ONEIDA COUNTY

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### @241 WOW

A Day Habilitation without Walls. This program offers food service opportunities through a coffee cart located at 241 Genesee Street. The program focuses on outings in the community, including grocery shopping, reading recipes, and advancing a skillset in financial and socialization in the community. Everyone who attends must be able to tolerate large amounts of time out in the community and have a willingness to volunteer frequently. No clinical supports are provided, and people must be free of behavioral and medical concerns.

### Arnold Avenue Day Habilitation

This program supports 60 people. Along with a variety of activities, Arnold Avenue provides numerous volunteer hours on-site for community agencies and The Arc. Individuals frequently volunteer within the community and take many recreation-based trips. Nursing support is available.

### CHOICES Program

CHOICES is based in Rome and is designed to provide training to promote a person's ability to make informed choices to enrich learning experiences. A day program focusing on the person's interests is developed to allow community integration while including activities based on their preferences.

### Fine Arc Day Habilitation

This program focuses on fine arts and is designed for the person who has unique interests and talents that they wish to express. Examples of artwork are to be submitted with applications for admission into the program. Through a collaboration with The Arc and Players of Utica, Fine Arc is held at Players Theatre twice a week and The Arc three days a week. No clinical supports are provided, and people must be free of behavioral and medical concerns.

### Kirkland Day Habilitation

This program serves up to 18 individuals. Most people who attend this program are interested in volunteering within the community and enjoy assisting less or non-disabled peers.

### MTP at 243

MTP at 243 is considered a Day Habilitation without Walls. The focus is on volunteering within the community. Everyone who attends must be able to tolerate large amounts of time out in the community and have a willingness to volunteer frequently. No clinical supports are provided, and people must be free of behavioral and medical concerns.

### North Utica Senior Day Habilitation

This program caters to people who are ready to retire. It is located at the North Utica Community Center and offers an array of integrated activities as well as activities within the community. Intergenerational activities are available with the Preschool classes, with a big focus on holiday celebrations. A nutritional meal is provided daily as part of program activities. Individuals must be medically stable and not display any significant behavioral concerns. Other than nursing, this program does not offer clinical supports.

### Riverside Day Habilitation

This program focuses on supporting people with varying needs. Each room offers numerous activities addressing a wide range of disabilities. The Marcy site serves up to 48 people. It offers lounges for relaxation, a computer lab, teaching kitchens, and many areas to allow individuals the freedom to move throughout the program. Nursing support is available.

### Rome Day Habilitation

This program encompasses two separate programs: a large 50 person program and a smaller three-person program. Each program offers a variety of activities based on each person's desires. The Rome site lends itself to outside activities as well as many community activities. Nursing support is available.

### Senior WOW

Senior Day Habilitation without Walls is a program tailored for older people who want to stay active in the community and might not be able to endure the pace of volunteering. Everyone who attends must be able to tolerate large amounts of time out in the community and have a willingness to volunteer frequently. No clinical supports are provided, and people must be free of behavioral and medical concerns.

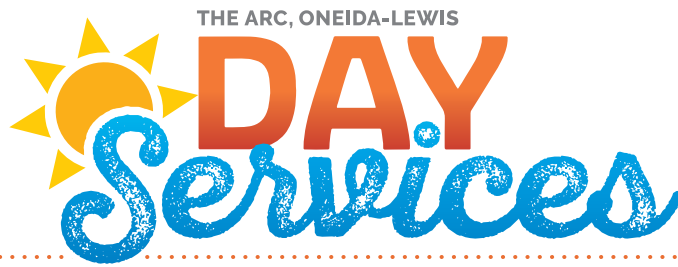
### Venture Day Habilitation

A program that started in 2007, Venture offers a unique program option focusing on volunteering within the community. The program is for young adults, ranging in age from 18 to 35. Individuals must be able to tolerate large amounts of time out in the community and must have a willingness to volunteer frequently.

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**IF INTERESTED, IN ONEIDA COUNTY PLEASE CONTACT:**

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## IN LEWIS COUNTY

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### **Day Habilitation without Walls**

This program is located in the Lowville Commons at 7550 S. State St., providing participants with a variety of community-based activities that will develop and enhance their independent living skills. Transportation is provided daily to/from the program.

### **Senior Day Habilitation without Walls**

This program is tailored for older people who want to stay active in the community, but might not be able to keep up with the pace of volunteering in the community offered at the Day Hab without Walls. This program still provides people with the opportunity to participate in the community and develop independent living skills, but at a modified pace to accommodate the needs of older adults.

### **Stowe Street Day Hab**

This is a group Day Habilitation program, providing people with community inclusion opportunities and skill development in a variety of areas that promote independence. This site-based program meets Monday through Friday, 8:00 am - 3:00 pm, at the Stowe Street Day Habilitation building in Lowville. This program serves adults in Lewis County. Transportation is provided to/from the program daily.

### **Turin Day Habilitation**

Located in Lewis County, this quaint program serves 42 people each day. The site is very rural and lends itself to creative outdoor activities. The program has various volunteer opportunities, along with a focus on celebrating all holidays! This program can serve people who are more medically frail and deal with behavioral concerns. A significant emphasis is placed on positive approaches to behavior concerns, and all staff members are trained accordingly.

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**FOR TURIN DAY HAB, CONTACT KATHY ZAMMIELLO  
FOR ALL OTHERS IN LEWIS COUNTY, PLEASE CONTACT AMANDA DELLES**

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