

# PROGRAMS FOR ADULTS

## RESPITE CARE HOME

The Arc's Respite Care Home serves individuals with disabilities who live at home with their families. This home is open seven days a week with overnight stays available, or a person can attend for just part of a day. Meals, supervision, and basic medication administration are provided in a home-like environment for eligible adults in Oneida County.

**TO LEARN MORE, PLEASE CONTACT:**  
DIANE MALONE, RESPITE CARE HOME MANAGER,  
Diane.Malone@thearcolc.org or 315-864-8984



## ADULT HOURLY RESPITE (ONEIDA & LEWIS COUNTY)

Formerly known as "Night Rec" or "Recreation Respite," Adult Hourly Respite includes several groups of people who attend various recreational activities in the community while their caregivers are afforded some free time. Each Hourly Respite group is composed of 2-9 individuals who live in the same area, are approximately the same age, or enjoy the same type of social activities. Groups participate in self-determined activities twice a month. Transportation to/from this program is provided through The Arc's Dial-A-Drive. People participating in this program must be waiver eligible and live with a family member.

**TO LEARN MORE, PLEASE CONTACT:**  
ROXANNE VASILOPOULOS, ADULTS RESPITE PROGRAMS COORDINATOR,  
Roxanne.Vasilopoulos@thearcolc.org or 315-927-0218



## HOUSING SUBSIDY

This program provides start-up funding, transition funding, and ongoing financial support through rent or utility subsidies to eligible individuals with developmental disabilities. ISS Residential funding enables adults in Oneida and Lewis Counties to live independently in the community of their choice.

**TO LEARN MORE, PLEASE CONTACT:**  
AMBER YANCEY, HOUSING SUBSIDY/FSS COORDINATOR,  
Amber.Yancey@thearcolc.org or 315-794-3711



## STOWE GROUP DAY HAB

This program provides people with the opportunity for community inclusion and skill development in a variety of areas to assist people in realizing their full potential. The program is located in Lewis County at 5290 Outer Stowe St. in Lowville and operates Monday - Friday, 8:00 am-3:00 pm.

**TO LEARN MORE, PLEASE CONTACT:**  
AMANDA DELLES, HABILITATION PROGRAMS DIRECTOR  
Amanda.Delles@thearcolc.org or 315-874-4583



## DAY HAB WITHOUT WALLS & SENIOR DAY HAB WITHOUT WALLS

This program allows people to develop independent living skills while focusing on community inclusion. People will have many opportunities to volunteer throughout their local community and utilize community resources. There is a separate program for senior participants who may need more support to access the community. Both programs are located in Lewis County at 5290 Outer Stowe St. in Lowville and operate Monday - Friday, 8:00 am - 3:00 pm.

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