

241 GENESEE STREET  
UTICA • NEW YORK

**BAKERY ON A MISSION!**



OPEN MONDAY – FRIDAY  
8AM – 2PM

**(315) 927-0082**

## BREAKFAST • SERVED UNTIL 2 PM

BREAKFAST SANDWICH · *MADE TO ORDER*  
ON ENGLISH MUFFIN, BAGEL, OR CROISSANT  
*Egg, American Cheese; Choice of Bacon or Sausage*

BAGEL OR ENGLISH MUFFIN *Cream Cheese Extra*

MUFFIN *Daily Varieties*

CINNAMON ROLL

SIDE OF BACON (3) OR SAUSAGE PATTY

## LUNCH • SERVED AFTER 11 AM

SOUP OF THE DAY

*With Homemade Cheesy Crackers*

HOMEMADE MAC & CHEESE

GRILLED CHEESE SANDWICH

BLT SANDWICH

PEANUT BUTTER & JELLY SANDWICH

SLICE OF TOMATO PIE

DAILY SPECIALS AVAILABLE

## DRINKS

COFFEE • TEA • HOT CHOCOLATE  
ASSORTED COLD BEVERAGES

## FOUR-LEGGED FRIENDS

HOMEMADE DOG TREATS      *SMALL OR LARGE*  
DOGGIE DONUTS                      *ONE SIZE*

## BAKED GOODS

HOMEMADE COOKIES

*CHOCOLATE CHIP • PEANUT BUTTER  
OATMEAL • SEASONAL SELECTION*

BROWNIES

BISCOTTI

CANNOLI · *MADE TO ORDER*

HALFMOON

SEASONAL MINI BREAD

## CUPCAKES

AVAILABLE IN THE FOLLOWING FLAVORS:

*VANILLA • CHOCOLATE  
ROTATING SEASONAL SELECTION*

## BIRTHDAY CAKES

2 LAYER, 7-INCH ROUND *Feeds 10-15*

3 LAYER, 7-INCH ROUND *Feeds 15-20*

REGULAR SHEET *Feeds 12-15*

LARGE SHEET *Feeds 15-20*

CAKE FLAVORS:

*Vanilla, Chocolate, Marble, Red Velvet, Spice*

FROSTING FLAVORS:

*Vanilla Buttercream, Chocolate Buttercream, Cream Cheese,  
Vanilla Whipped Cream, Chocolate Whipped Cream*



**VARIETIES CHANGE DAILY**

*See something not listed?*

*Give us a call to inquire.*



[ChefsExpressUtica.com](http://ChefsExpressUtica.com)  
[ChefsExpress@thearcolc.org](mailto:ChefsExpress@thearcolc.org)

In-store availability varies daily. All prices subject to change.

*Follow us on social media for weekly specials and varieties*

For large quantities and custom orders,  
please allow 72-hours notice

**Call us to help with ideas for your next event!**

• IF YOU HAVE A FOOD ALLERGY, PLEASE NOTIFY US •



# Our Story

## **A SWEET IDEA**

*Chef's Express began in 2008 as a program at The Arc, Oneida-Lewis for people interested in baking to develop and hone their skills. The delicious treats became the stuff of legend, and plans were formed to open a full-fledged bakeshop in the community.*

## **OPENING DOORS**

*In December 2021, Chef's Express opened its doors to downtown Utica. The goal was to fold The Arc's mission into a community bakeshop for everyone in our community to savor. We provide an inclusive, hands-on learning and training environment for people with developmental disabilities, creating opportunities and incredible flavors for you to enjoy.*

## **EMBRACING INCLUSION**

*Choosing Chef's Express means more than savoring mouthwatering soups, cupcakes, muffins, brownies, cookies, coffee, and cakes—you're empowering people with disabilities to showcase their talents and achieve equity in our community.*

*Welcome to Chef's Express, where each flavor tells a story, and every bite makes an impact.*



Chef's Express is a Business Enterprise of The Arc, Oneida-Lewis Chapter

**[WWW.THEARCOLC.ORG](http://WWW.THEARCOLC.ORG)**

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